

# BBPC News

Nov. 2011



Beckah and Burt 2011

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## BBPC News

BECKAH BOYD  
*Managing Editor*

THROWIN STONES MEDIA INC  
*Publisher*

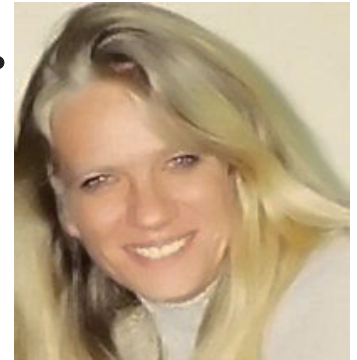
KEVIN WARD  
*Illustrator*

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# Contributors

## Sue G

This month Sue met her favorite deck yet for the Tarot Review! A reader for over twenty years and a creative individual Sue appreciates the art as much as the information that can be gleaned from the cards! A photographer and owner of two companies *Sue G Photography* and *Behind the Curtain Photobooth*. When she isn't working her day job as a photog she is reading cards, palms and anything else she can get her hands on. Check out her websites at <http://www.nhphotobooth.com> and <http://www.suegphotography.com>



## Katie Boyd



An author, lecturer, paranormalist, occult sciences/crimes expert, radio and television personality Katie was the perfect choice to review this month's hauntingly cool book *Ghosts of Buffalo* by Tim Shaw. Katie has several book titles of her own including *Haunted Closets*, *Witches and Witchcraft* and her top selling first book *Devils and Demonology in the 21st Century*. Check out everything this busy lady is up to at <http://www.katieboyd.net>

## Dori Roberts

A clairaudient (meaning clear-hearing) spiritual medium Dori Roberts has been delivering healing and closure for decades. Spirit always has something to say and every week on the Psychic Switch she delivers spirit's message. She has taken this same format and brought it to the BBPC News! Check out her community and learn more about her by visiting <http://www.thespiritmatters.com>



# Letter From The Editor



Fall is here in full force and we are heading into winter! I hope everyone is getting prepared! November is my month to recoup from October, go about my day to day but it is also a time for me to sit back and recollect the year and the numerous blessings bestowed.

Reliving triumphs and challenges can be difficult but at least we can say, we survived. This month's BBPC News is dedicated to appreciating and giving thanks for blessings.

So many of my clients have had a rough year, and I know that this only makes it more difficult to sit back and appreciate the positives. Studies have shown that people who count their blessings tend to be less stressed, happier and easy going. More than that it invites a positive energy into your life, a sense of balance and understanding. It is also a faith builder and an empowering feeling, so I ask you, the reader, to count your blessings this month. As always I will show you some tools to help you on your journey, but remember, Deity is in you and therefore you are divine! Your future is what you choose to make it, count your blessings, set positive intention and see this next year be your best!

Brightest Blessings

*Beckah Boyd*

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## Books With Spirit!

Myself, friends and clients are all avid readers! Spiritual, fiction, non-fiction everything is susceptible to our hungry literary appetites! Self-help, spiritual, religious and paranormal books will be reviewed here and boy do we have a few to share with you this month!

### Today's Journey Tarot by Christopher Wiley

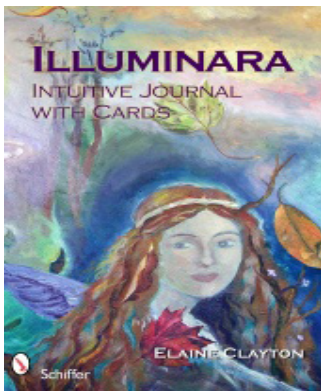
Reviewed by: Sue G.



The very first thing you notice when using this deck is that the traditional imagery has been replaced by a modern update. The colors are bold but not overpowering. The Tower has been replaced by Intervention, The Hermit is now the Guidance and so on. The images your clients see are ones that they can relate to more easily. By using imagery that everyone can relate to, the deck easily lends itself to both new and advanced readers. One of my favorite cards is the 12th Card of the Major Arcana, in Today's Journey is entitled Choice and depicts a person's hand

holding onto the steering wheel of their car while driving down a highway about to choose which off ramp to use. This shows someone feeling a bit stuck, not knowing which way to go, but seeing the possibilities spread out before them. Who can't relate to this much more easily than the image of a Hanged Man? It's that type of ease that has made this deck quickly become my go-to one.

### Illuminara Intuitive Journal with Cards by Elaine Clayton



The word intuitive works on many levels, some may use the word to mean psychic while others see it as a connection between the conscious and personal unconscious. Such is the case with set of cards and the journal that accompanies it. The cards have no meaning written below them, no jacks or queens, but rather the author's own art, street scenes, dogs, birds etc. Seemingly random they all trigger different feelings, memories, thoughts and ideas. I can see where the author is going with this system and I think it is brilliant! As she quotes in her book:

"At the center of your being you have the answer; you know who you are and you know what you want." ~ Lao Tzu

This wonderful journaling book and card set is a great step in tapping into your own inner knowledge and discovering your own inner interpretive library.

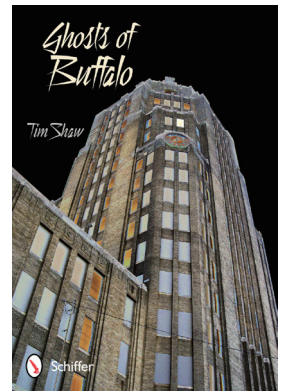
Read reviews, articles and more at [beckahboydtarot.blogspot.com](http://beckahboydtarot.blogspot.com)

# GHOSTS OF BUFFALO

Review By: Katie Boyd

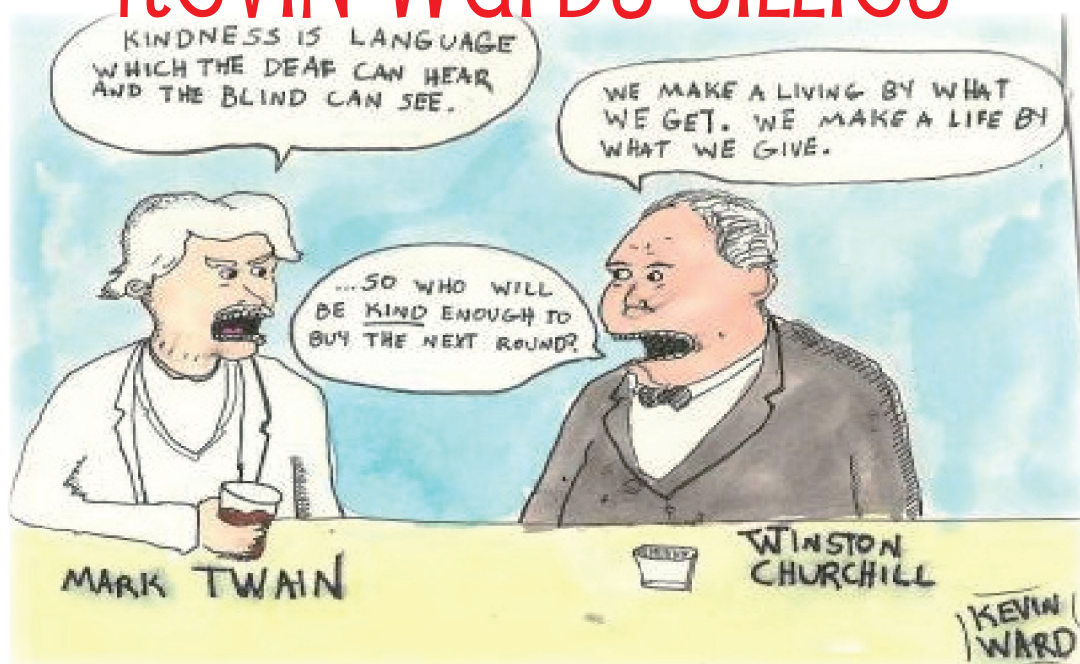


I am usually busy writing books myself and never get much time to read other books, until my publisher mysteriously (or mistakenly) sent me *Ghosts of Buffalo* by my good friend Tim Shaw. I read the book cover to cover in about two hours. It is a full color book with tons of wonderful legends and historical facts regarding some of the most incredible haunted places in Buffalo NY. Tim also writes about his time as a re-enactor at well known Fort Niagara, and his experiences with the spirits that still haunt the military site. What I loved about this book was the beautiful colored pictures and being a huge history buff, I found the back stories very intriguing. I suggest if anyone loves haunted history and NY, get this book because you will not be disappointed.



Order *Ghosts of Buffalo* by visiting [Schifferbooks.com](http://Schifferbooks.com) or visit Tim's website [theblackcatlounge.net](http://theblackcatlounge.net)

## KEVIN WARDS SILLIES



## Beckah's Tarotscopes!

This month I used the Pirate Tarot authored by Carrie and Lucas Aodio with illustrations by Liz 'Galindorf' Harper.

### Aries

March 21st  
to  
April 19th



You begin the month in the Two of Pistols, indicating a feeling of satisfaction and at the same time restlessness. You know the project is near complete or you've done a good job but your ready to move onto the next task. You move into the Nine of Coins midmonth bringing with it a sense of overall success and accomplishment! At the end of the month the Captain of Cups visits you burdening you with responsibility. You may feel a smidgeon melancholy and like the weight of the world is on your shoulders. Remember to organize tasks so they are not so overwhelming!

### Taurus

April 20th  
to  
May 21st



The Two of Swords kicks off November, indicating the need for some major decision making. Don't take to much time to consider options! If you don't make one, Universe will do it for you! Mid-month brings the Ace of Cups, sending off the sense of contentment and joy! For those would be mothers trying to conceive, mid-November would be a great time to try as the Ace of Cups also denotes fertility. You end the month with the Justice card, giving you a sense of balance and responsibility.

### Gemini

May 21st  
to  
June 20th



The Chichurgeon visits you at the beginning of the month bringing with him a lot of positive change and a feeling of transformation. He also points out the positive things to get inspired by! Mid month comes The Fool offering faith, luck and a little bit of chaos. You end the month with the Ace of Pistols, letting you know now is the time to put plans into action! You are in your manifestative prime!

### Cancer

June 21st  
to  
July 22nd



The First Mate of Coins pops in at the beginning of the month to let you know that now is the time to take caution and really think things through! Do your due diligence before making any big purchases or getting services. Mid-month the Chariot rides in to tell you that your determination will get you through. Stick to your guns no matter the opposition, your in the right and on the correct path! You end the month with Strength, telling you to have patience! Everything will seem as if it is moving in slow motion, but that is because you are moving in hyper-speed!

### Leo

July 23rd  
to  
August 22nd



Death comes to you at the beginning of the month (not literally) bring with it closure and transition. You will feel as if a burden has lifted, you've gotten the answer you seek and can finally move forward! The middle of November the Seven of Pistols stops by telling you that just because your right doesn't mean you need to argue the point. It is great to have conviction, but in this instance it does not help the situation, agree to disagree! At the end of the month you move into the First Mate of Cups who gives you a helping hand in revamping your love life

### Virgo

August 23rd  
to  
September 22nd



Now is the time to indulge!! So says the Lady Captain of Coins. Treat yourself to a good time, but don't completely blow your budget, keep your goals in mind! The Five of Swords enters mid-month indicating that you may be to black and white right now. Be sure not to judge the people around you to ruthlessly, you may end up pushing some good, usefull people or opportunities to the side. At the end of the month the Two of Pistols visits, bringing a sense of contentment. Enjoy it!

## The Review



If you are a pirate enthusiast, fan of woodcarvings or just like a deck that has that element of fun then the Pirate Tarot is for you! It was a blast to read these cards! The Major and Minor Arcana has been changed to reference pirate life with the High Priestess becoming the Figurehead, rather than royals there are now Captains, Lady Captains, First Mates and Cabin Boys. It is a wonderfully exciting deck to read, the art itself looks like real woodcuts, the intricate artwork will keep your eyes entertained for hours. Having gone through the deck multiple times in doing the Tarotscopes time an again I found bits in the picture I hadn't noticed before! Its a playful deck that still keeps the mystical tradition of the tarot! Get the deck at [Schifferbooks.com](http://Schifferbooks.com)

### Libra

September 23rd  
to  
October 21st



The Five of Cups greets you at the start of November telling you that now is the time to accept situations for what they are and allow yourself some rejuvenation and healing time! Mid-month indicates some obstacles but just try to keep balance and you will be met with success. At the end of the month you meet the Eight of Coins, indicating a sense of focus on a money making opportunity!

### Scorpio

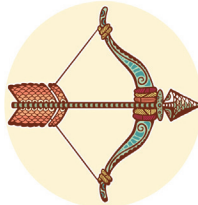
October 22nd  
to  
November 21st



The Cabin Boy of Coins peeks in at the beginning of the month bestowing a sense of accomplishment through education or learning a new task! The Nine of Cups stops by mid-November bringing with him a sense of satisfaction and cheer! At the end of the month you meet the Lady Captain of Pistols giving you a sense of sexuality, and a boost of extra energy.

### Sagittarius

November 22nd  
to  
December 21st



The Cabin Boy of Swords swings in to say 'Hallo!' during his visit he gives you a reminder 'Don't doubt your innate cleverness and use it throughout the beginning of the month!' Mid-month you meet up with the Ten of Swords, indicating a need to release some bad habits and purge yourself of negative thought. At the end of the month your imagination and psychic sense will be at a high pay attention and use your creative self, so says the Moon.

### Capricorn

December 22nd  
to  
January 19th



Take your time, consider all of your options, allow for reflection! That is the message of the Seven of Coins for you at the beginning of the month! Half way through November you encounter the World which opens you to the feeling of integration on a large scale, a feeling of belonging and a clear mind so you can tie up loose ends! At the end of the month you meet the Four of Coins who tells you to be frugal with your money, you will be happy you saved some cash on the side as you may have some unexpected expenses.

### Aquarius

January 20th  
to  
February 18th



At the beginning of November you enter the Four of Pistols giving you a sense of freedom and a reason to celebrate! Take joy in this moment and milk it for all it's worth! Mid-month the Cabin Boy of Pistols stops in continuing to provide positive energy in the form of enthusiasm. This is will also be the time when you will have a lot of new and innovative ideas. Carry a notebook to help you keep track. At the end of the month Temperance pops by reminding you that with the good comes the bad and try to keep in balance and harmony!

### Pisces

February 19th  
to  
March 20th



You are greeted by the Three of Cups bringing with it the gift of teamwork, and friendship. Embrace the ability to create new connections and network, network, network! This is important as you are visited by the Five of Coins later in the month giving you a need for mutual support and a lack of funds. No worries though it is a passing phase as at the end of the month you meet up with The Bosun, who gives you some information which will greatly help your financial situation. This could be anything from a new job opportunity to what stocks to invest in.

## Prayers of Thanks

It is important in these times of trouble and doubt, of cruelty and hate to remember to count our blessings, to remember we are not alone that our spirit is a small fragment of the Divine and that means we are divine. Our family watches from the otherside, through laughter and struggle, love and pain, they help as they can and they grieve when we will not listen. This is a month of thanksgiving, take a moment....one moment to count your blessings, thank your ancestors and pass on your blessings by helping someone else.

### Iriquois Prayer of Thanksgiving

We return thanks to our mother, the earth, which sustains us. We return thanks to the rivers and streams, which supply us with water. We return thanks to all herbs, which furnish medicines for the cure of our diseases. We return thanks to the corn, and to her sisters, the beans and squash, which give us life. We return thanks to the bushes and trees, which provide us with fruit. We return thanks to the wind, which, moving the air, has banished diseases. We return thanks to the moon and the stars, which have given us their light when the sun was gone. We return thanks to our grandfather He-no, ..., who has given to us his rain. We return thanks to the sun, that he has looked upon the earth with a beneficent eye. Lastly, we return thanks to the Great Spirit, in whom is embodied all goodness, and who directs all things for the good of his children.

### Pagan Ancestor Prayer

Tonight I honor my ancestors.  
Spirits of my fathers and mothers,  
I call to you,  
and welcome you to join me for this night.  
You watch over me always,  
protecting and guiding me,  
and tonight I thank you.  
Your blood runs in my veins,  
your spirit is in my heart,  
your memories are in my soul.  
With the gift of remembrance.  
I remember all of you.  
You are dead but never forgotten,  
and you live on within me,  
and within those who are yet to come.

### Christian Prayer for Blessings Recieved

Our Father in Heaven,

We give thanks for this day and for all your blessings bestowed upon us. We ask for your continued blessings and to watch over and protect our great nation, our troops and our people. We ask that your divine guidance, strength and wisdom be endowed upon our elected representatives and that we may all continue to enjoy your wondrous gifts of Life and Liberty.

We give praise to thee and pray our endeavors are righteous. All glory be to thee.

In Jesus' name we pray.

Amen



A great meditation I do everyday!! It really helps to center you and invites positive energy

# Reiki Blessings Meditation

written by Helen Galpin

Sit in a quiet place, close your eyes and focus on your breath, imagine that you are breathing a wonderful golden light and that this light is cleaning and healing as it moves through your body.

Move your hands into gassho (prayer). Speak quietly.

*Begin with your name.*

*I Bless you*

*I honour you*

*I love you*

*I Bless you.*

Now slowly go through all of the people you are closely connected with, friends and work colleges and anyone who else pops into your mind. As you speak the words feel the words.

When you are ready lower your hands so that they are open in front of your heart.

Say out loud all the places on Earth that you feel might need healing, then say

*I Bless you*

*I honour you*

*I love you*

*I Bless you.*

*I hold this love peace healing and light in my hands for you and I share it with you.*

Feel the words as you speak them, sit for a while feeling and sharing the healing and love.

Imagine the Earth in your hands, the wonderful blue planet, say out loud

*I Bless you*

*I honour you*

*I love You*

*I Bless You*

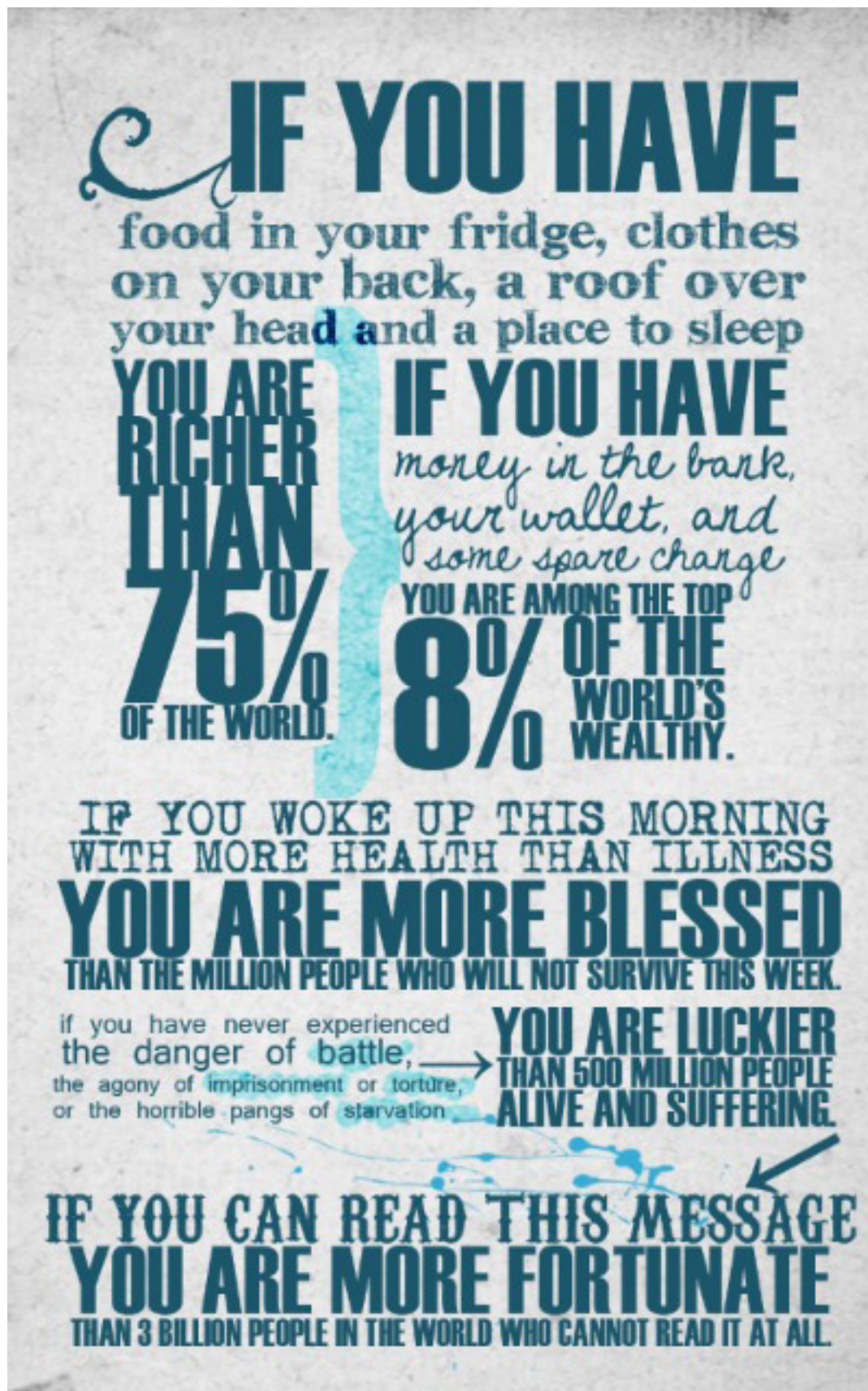
*I hold this love peace healing and light in my hands for you and I share it with you.*

When you are ready place your hands on your lap and sit in the wonderful healing.

When you are ready give thanks.

This is a wonderful meditation, and if possible practice it daily.

Source ~ <http://www.reikiinspirations.co.uk>



*"The fault lies not with the ones who treat you badly, disrespect you, or are not there when you need them, they are who they are."*

*The responsibility is ultimately yours for accepting less than what you truly deserve."*

~ Dori Roberts

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A great client of mine named Nadine recommended Aja at Lavish Salon to me. It is rare that I actually go and get my hair done, I don't know why but I cringe when I think about a hairdresser cutting my longish hair. But I knew I was due as over the summer my locks took a beating and were thoroughly baked, fried and frizzy.



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I am also a huge fan of a good barter so I offered a trade to Aja, a free reading for a free haircut. Well let me tell you, this lady went above and beyond the arrangement we had made, hairdressing is literally in her blood (her mom is very familiar with the cutting chair) her colors are the best!

I had asked for a fairly simple cut, but she went on to add highlights in various shades of caramel which look oh so luxurious in my chestnut hair. She also applied toner, and gloss. I have had my hair cut a few times over the years but I never felt like such attention to detail was paid to me by hair dressers in the past. I never left feeling one hundred percent happy with my hair but that night, after I left Aja's chair at Lavish Salon...I felt really beautiful. I'm writing this for two reasons, the first is I loved the job and I have to give credit where it is due. The second reason being I am a very busy lady, I do a lot for my clients, family, and friends, when we balance (or try to) so much in our lives it can appear on our face, hair, body posture everything.

The Christmas season is upon us, and although it is great to spend on family, be sure to treat yourselves! Aja was kind enough to offer the above coupon, for those who would like to take a moment and unwind while sitting in her chair. I will tell you right now, I almost fell asleep under the hairdryer and was on cloud nine when she washed my hair!! My scalp still tingles when I think about it!



## DIRECTIONS

**Located right on South Main Street!**

**Coming From the East Side:** Go down Elm Street until you get to Lake St. Turn at the lights onto Granite Street. Slight right on Granite Street and then turn left of South Main Street. **Lavish will be on your right**

**Coming from the South:** Take NH-101E, continue onto Boynton St. keep going straight and head onto South Main Street. **Lavish will be on your left.**

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